



Shanghai Experimental School International Division

Kids Menu

(May 9—May 13, 2016)

Date	Day	Menu
May 9	Monday	茄汁菠萝咕老肉 花菜肉片 莴笋肉片 咸肉菜饭 Sweet&sour pineapple meatball, broccoli with shredded meat lettuce with shredded pork, fried diced vegetables
May 10	Tuesday	马来式炒河粉 香辣大鸡块 洋葱培根炒西葫芦 奶香玉米棒 Fried rice noodle, spicy diced chicken, Fried onion, bacon with veggies, creamy steamed corn
May 11	Wednesday	红烧牛肉 咖喱土豆鸡丁 腊肠甜椒 Stewed beef, curried potato with diced chicken, green peppers with sausage
May 12	Thursday	烤鸡腿, 番茄鸡丝意大利面、土豆角、法来西多士、西兰花、 Roast Chicken leg, Tomato sauce with sliced chicken pasta, Fried potato, toast, Broccoli,
May 13	Friday	红烧大肉圆 番茄炒蛋 黄瓜鸡片 炒青菜 Braised porkball, scramble egg with tomato, cucumber with diced pork,,fried vegetable

